

MICHAEL D. WILLIAMS, DDS Professional Information 2018



Owner and Inventor of SleepTight Mouthpiece

Purpose

We want to help you sleep better, because quality sleep can protect your health, renew your personal relationships, improve your work, and boost sport performance.

Goal

Our professional business goal is to offer you the easiest to use and most cost-effective solution to your snoring and sleep apnea problem. Our SleepTight Mouthpiece solution is safe and effective as confirmed by our [FDA](#) Clearance.

Professional Objectives

- Enhance sleep quality by improving snoring and obstructive sleep apnea, specifically through the use of the [SleepTight Mouthpiece](#) oral appliance. Continue to develop and promote oral appliances and other aids to improve sleep breathing.
- Expand and create innovative solutions for health problems and life style enhancement by using dental applications through an active involvement and communication with dental and medical colleagues. We are inventors who think outside the box.
- Maintain an active and important professional involvement. Serve the public and professional interest by performing as a dental licensure examiner for the CDCA. Our examiner evaluations help assure the competency of candidates seeking a Florida dental license through a fair and unbiased evaluation of the applicant's performance.

Professional Experience, Qualifications and Training

Undergraduate: [University of North Carolina](#), BS Zoology

- Honors Graduate

Dental education: DDS [University of Tennessee](#), 1970

Honors:

- OKU ([Omicron Kappa Upsilon](#)) National Dental Honor Society
- [Deans Society, Academic Honorary Society](#)
- [American Society of Dental Anesthesiology](#)

Current Specialty Interests:

- Dental Licensure Examiner for [CDCA](#)
- Dental Sleep Medicine - Treatment of snoring and obstructive sleep apnea with oral appliances
- Athletic Sports orthopedic appliances
- Altitude sickness and hypoxia treatment with mouthpieces

Other Advanced Training, Professional Affiliations and Certifications

Dental Sleep Medicine

- *American Academy of Sleep Medicine* (AASM) <http://www.aasmnet.org/>, C224888
- *American Academy of Dental Sleep Medicine* <http://www.aadsm.org/>

- Snoring and sleep apnea training with *Sleep Group Solutions* <http://www.sleepgs.com/>
- Anesthesia research consultant to Mayo Clinic, Jacksonville FL
- Patent Owner in the US and UK for the SleepTight Mouthpiece
- Owner of FDA cleared anti snoring appliance- SleepTight Mouthpiece.
<https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmnmn.cfm?ID=K132506>
- Owner of <http://MouthguardStore.com>
- Owner of <http://SleepTightMouthpiece.com>
- Owner of <http://altitudemouthpiece.com/>

Altitude Airway Obstruction

- *Wilderness Medical Society* <http://www.wilderness-medicine.com/> ,
- *Wilderness Medical Society*: Article Author: "Airway Obstruction and Acute Mountain Sickness"
- *Wilderness Medical Society*: Journal Reviewer
- *International Society of Mountain Medicine* <http://www.ismmed.org/>
- 2011 Hypoxia Symposium <http://www.hypoxia.net/> , Lake Louise, Canada February 2011 Author and Presenter: "Can a Mouthpiece Prevent Altitude Sickness?"
- Altitude Mouthpiece website <http://AltitudeMouthPiece.com>

Temporo-Mandibular Joint Dysfunction (TMD)

- Alumni of the *Las Vegas Institute for Advanced Dental Studies* (LVI) <http://www.lviglobal.com/> TMD therapy, Developmental Diagnosis and treatment
- LVI Neuro muscular dentistry for treatment of TMD temporo-mandibular joint dysfunction (Occlusion I & Occlusion II Mastering Neuro Muscular Occlusion)

Sport Performance Mouthpieces

- Certified provider for sports orthopedic appliances (Pure Power Mouthguard)
- Inventor of Black Max performance sports device

Cosmetic Dentistry

- Alumni of the *Las Vegas Institute for Advanced Dental Studies* with training emphasizing advanced cosmetic dentistry diagnosis and treatment
- Charter member of the *Florida Academy of Cosmetic Dentistry*.
<http://www.flacosmeticdentistry.org/>
- Charter member of the IACA the International Academy of Comprehensive Esthetics
<http://theiaca.com/>
- *American Academy of Cosmetic Dentistry* membership <http://www.aacd.com/>

Sedation Dentistry

- DOCS the *Dental Organization for Conscious Sedation* <http://www.docseducation.com/>

Professional Groups

- [Florida Licensed Dentist](#): 5367
- *Xi Psi Phi* & [Omicron Kappa Upsilon](#), Professional Fraternity
- American Academy of Implant Dentistry <http://www.aaid-implant.org/index.html>
- *Florida Academy of Dental Practice Administration* <http://www.fadpa.org/>
- *American Dental Association* <http://www.ada.org/>
- *Florida Dental Association and East Coast District Dental Association*
- *Broward County Dental Association*

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